

Update on Health and wellbeing strategy and development of priority implementation plans

1. Summary

Implementation plans for each of the three priorities within the health and wellbeing strategy are progressing through three key stages in their development.

- Initial workshop with the board to explore the scope of the plans
- Discussion and approval of draft implementation plans by the board following initial engagement with key stakeholders
- Review of implementation plans for approval (at the December board meeting) following further wider engagement and development

2. Priorities

The following provides a summary of the progress and challenges for each of the priorities.

Priority 1: Helping people in Surrey to lead healthy lives

Priority one includes the following focus areas and a summary of current progress is described under each heading.

- **Working to reduce obesity, excess weight rates and physical inactivity**
Engagement with the Surrey Heads of Leisure Group to discuss how to take a whole-systems approach to physical inactivity from developing healthy high streets to ensuring cyclists and pedestrians are supported on Surrey roads. Active Surrey are also about to start engaging on a new physical activity strategy for the County which will be aligned. Colleagues in public health are also exploring a 'Healthy Food Environment' approach with a focus on the most deprived areas and residential care.
- **Preventing domestic abuse (DA) and supporting and empowering victims**
The chairs of the Health and Wellbeing Board, and the Community Safety Partnership met to discuss governance arrangement for Domestic Abuse. Following a refresh of the Domestic Abuse Management Group (DAM), further work will be taken forward on this element of the implementation plan.
- **Improving environmental factors that impact people's health and wellbeing**
A detailed implementation plan has been developed which includes activity on planning policy and guidance, airport expansion, the Rights of Way Improvement Plan, the Surrey Transport Plan, air quality, environmental sustainability, road safety and active travel. Appendix A include an extract from the final implementation plans relating to healthy environments.
- **Supporting prevention and treatment of substance misuse, including alcohol**
The substance misuse strategy is currently being refreshed with wider consultation with relevant partners. The substance misuse partnership is also being reviewed and includes a focus around alcohol as well as drugs.
- **Ensuring that everyone lives in good and appropriate housing**
Engagement with the Surrey Chief Housing Officers, the Adaptation steering group and Action Surrey has been happening to discuss and develop the implementation

plans relating to homelessness, hospital discharge and home adaptations, and fuel poverty. Working with colleagues in ASC is also in progress to build their work on specialist housing into the strategy plans. A housing deep dive at the Health and Wellbeing Board in July also took place to inform this work.

- **Promoting prevention to decrease incidence of serious conditions and diseases**

Discussions are taking place with key partners on the need to establish a Surrey-wide CVD and Diabetes testing programme which targets lower income groups.

- **Helping people to live independently for as long as possible and to die well**

Engagement with colleagues working in re-ablement to develop a Surrey integrated intermediate care service has started with further discussions in October. An initial mapping workshop for dementia has been held with further workshops on dementia and end of life care planned.

2.2 Priority 2: Supporting the emotional wellbeing and mental health of people in Surrey

Following work to further map activity, understand need and explore governance, the health and wellbeing board discussed the draft implementation plan on 5th September and supported its further development. The work prior to this point had been the involvement of leads across health, districts and boroughs, social care, and the voluntary sector to identify gaps in provision, and ensure alignment with ongoing NHS Long Term Plan response planning. The draft plan sets out the key outcomes and activity required to improve health outcomes in priority two of the strategy, set around three focus areas:

- Enabling children, young people, adults and elderly with mental health issues to access the right help and resources
- Supporting the emotional wellbeing of mothers and families throughout and after their pregnancy
- Preventing isolation and enabling support for those who do feel isolated

Following agreement from the Health and Wellbeing Board, work will now focus on further engaging with additional stakeholders and partnerships to shape the more detailed plans over the coming months across the whole of Surrey. There will be close work with the mental health governance architecture to complete a detailed final plan to bring back to the Board in December. The final plan, which will map delivery milestones and KPIs, will have named owners and timescales for delivery. Key issues, risks and highlight reports will be brought to the Health and Wellbeing Board where appropriate.

2.3 Priority 3: Supporting people in Surrey to fulfil their potential

Priority three focuses on enabling people across Surrey to fulfil their potential by helping them to develop the necessary skills needed to succeed in life. This is not only related to academic success, but also to wider skills and involvement in communities. Healthy lifestyles and emotional wellbeing within priorities one and two are fundamental to fulfilling potential, and so this priority builds on these by

considering what more can be done to empower people locally. The priority as set out in the strategy is split into two focus areas:

- Supporting adults to succeed professionally and/or through volunteering
- Supporting children to develop skills for life

The work to date within this priority has involved engaging with a variety of key leads, boards and organisations to help explore the scope of the implementation plan for this priority and this was the focus of the discussions at the initial health and wellbeing board workshop on 5th September. Following this, it is intended that the plan for the short to medium term will develop around three key areas of work alongside a more expansive piece of work to identify longer term innovative initiatives that can be taken forward for implementation. These include:

- **Apprenticeships:** governed by the Employment and Skills Board, this work will focus on the retention and wellbeing of apprentices in the public sector in Surrey, as well as the creation of a 'Surrey apprenticeship levy pot' in which employers who cannot spend all of their funds can transfer up to 25% of the levy to small to medium sized businesses (who do not currently pay the levy).
- **Mentoring:** to review existing mentoring schemes in Surrey and take a partnership approach to implementing a Surrey-wide mentoring scheme for the most vulnerable children and young people.
- **Social Progress Index (SPI):** Whilst not a specific initiative, this will consider how the SPI basket of measures that has successfully been used at a local ward level in [Barking and Dagenham](#) can be adapted for use in Surrey. As "fulfilling potential" is a very broad concept this basket of mostly existing measures are seen to be a useful collective measure that can be reviewed for this priority along with the other more specific measures being considered for the other priorities.

3. System Capabilities

The Health and Wellbeing Strategy also includes a set of eight system capabilities that have been identified as important areas for partners to work together on.

This update provides a summary of work done against three of those capabilities: community development, governance and intelligence. Today's agenda also includes an item on the Surrey Heartlands 'estates and outpatients' transformation programme demonstrating progress between partners on other key system capabilities such as devolution, digital and estates. This builds upon joint appointments agreed between the Surrey Heartlands ICS and Surrey County Council to lead work on estates, digital and workforce.

3.1. Governance

At the board level this has involved a refresh of the HWB membership to ensure it represents the priority the new strategy places upon the wider determinants of health going forwards.

The Surrey Heartlands prevention and wider determinants of health board has successfully evolved into a system-wide Surrey prevention deliver board for priority one. A review of the membership and the terms of reference for this group is

currently being completed.

The mental health system architecture is currently being reviewed with a view to landing the Surrey-wide delivery board for priority two. The options for governance of priority three are still being explored.

3.2. Community Development

This system capability looks at ways to ensure Surrey partners develop ways to use our community assets to promote healthy, resilient and safe communities in ways which are meaningful and supportive to Surrey residents. This work is happening in two parts.

Firstly work to develop the wider “preventative workforce” is bringing together approaches to promote healthy lives with the wider determinants of health and the existing communities we live and/or work in. These can be geographical communities, but they can also be religious, family, friends, etc.

Secondly, we are sharing ways communities can participate in improving their own health and wellbeing and that of their communities through new programmes of work such as “Million Ways” which is an online platform to share opportunities to engage with regards to community resources and also pledges for change.

These approaches are being piloted in locations across Surrey including Merstham, Wrecclesham, Sheerwater, North West Surrey ICP (community TBC), Surrey Downs ICP (community TBC), and Guildford and Waverley ICP (Building Health Partnerships) with local steering groups in each location, and a reference group for ‘at scale’ input and sharing learning. Work will be undertaken with partners to co-design and co-produce these approaches and utilise design thinking. They will then be monitored and evaluated to develop the evidence base which will inform our recommendations to statutory partners on a model for community development across Surrey.

The above is also being brought together with the wider work moving forwards on stronger communities within Surrey County Council as that programme looks to test a number of prototypes for enabling and supporting the strengthening of communities locally.

3.3 Intelligence

The metrics across the three priorities are under review and development and will be finalised alongside the final plans for the Board meeting in December 2019. It is intended that where existing data already exists this will be used to address any gaps within the published metrics. Where simply no suitable metrics exist these will be followed up for review by the newly established Surrey Office of Data Analytics as part of that work programme.

4. Challenges and dependencies

- 4.1.** A key challenge is to ensure the implementation plans are owned across the health and wellbeing partnership and within each member organisation via the varying governance and delivery mechanisms. This will be important to ensure a commitment to collaborative delivery and wider system change beyond that which already exists. For example, existing engagement opportunities can be used to more widely promote the strategy and encourage collaborative support for the priorities.
- 4.2.** Awareness of the strategy draft implementation plans is still variable at this stage and the approach underway to develop partnership activity. As a result, some partners continue to look to 'feed into' planning rather than actively shaping proposed activity and leading its development. Following discussion at the HWB and with the SCC and Surrey Heartlands communications leads, it has been agreed that the HWB communications sub group is to be prioritised and refocused to support wider key themes coming from the implementation plans. It will also be chaired by the SCC head of communications to enable a coordinated shared communications plan to be developed..
- 4.3.** More work is needed to ensure the strategy implementation plans maintain a focus on areas that can most benefit from a partnership approach, rather than including work that various individual partners are doing relating to a particular focus area.
- 4.4.** There are a number of dependencies to note in the draft implementation plans as they develop. Focus areas are often linked to more than one priority. These dependencies are being identified and will be managed as the implementation plans are finalised for all three priority areas by December 2019.
- 4.5.** Once finalised these plans will need to be live working documents, with both further ongoing engagement supported by all partners and formal annual review to inform ongoing development of activity.
- 4.6.** The ICS five year plan that is currently being developed is closely aligned to the Health and wellbeing strategy and work on the draft implementation plans is being used to provide additional detail on the preventative work taking place and planned locally.

I would also like to mention the Surrey County Council Stobtober event. The 28 Day Challenge working with One You Surrey and Thrive Tribe.

This is where Surrey County Council challenges all smokers in Surrey to take on the 28 day challenge. I have agreed to partake in this challenge from 1st October where I will be posting daily blogs to discuss my quit journey after 30 years of smoking.

This can be viewed on the One You Surrey Website:

<http://bit.ly/stoptober28days>

To take part in the 28 Day Challenge please register at www.28days.org.uk

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